

RFH FITNESS & ACTIVITY HOLIDAYS BOOKING CONDITIONS

How to Book

Bookings may be made by telephone or email. Please do not book flights until we have confirmed that we have vacancies for the dates that you require. Once you have decided that you wish to proceed with making a reservation we will confirm our availability, you should then book your flights. As soon as your flights are booked and you are able to confirm your arrival and departure details, we will request a deposit and hold your reservation until the deposit is paid.

Payment

We will require a deposit of 25% or €1250 per booking, whichever is the lesser. This can be paid by credit card or international bank transfer to our account in Spain. Full details of how to make payment will be given on confirmation of your requirements.

The balance is payable 6 weeks before the start of your holiday. Some optional activities may have to be paid for in cash at the time of the activity. Details are contained in the document [RFH Extra Activities & Hire Charges](#).

Refunds

If *we* have to cancel your holiday or change your holiday dates you will be offered a **full refund**.

If *you* have to cancel your holiday **no refunds** will normally be given. However, if you can arrange for someone to take your place, there will be no charge for the name change.

If *you* have to change the dates of your holiday to any dates within 6 months of your original booking, any monies paid will be used to pay for the new dates. An administration fee of €150 will also be payable. Any change outside of 6 months of the original dates will be treated as a cancellation.

It is a condition of booking that you have travel insurance which will reimburse you in the event of cancellation or curtailment of your holiday.

Arrival & Departure

All holidays are based on arrival in time for health and fitness assessments on day one, the last meal being breakfast on the day of departure and vacating your hotel room by 2:00 pm. On payment of a supplement, it will usually be possible to participate in activities after breakfast and to take meals on the last day. This will always depend on availability. Prices will be discounted for very late arrivals on the first day.

RFH
FITNESS HOLIDAYS

Please try to arrange your arrival at Málaga or Granada airport for between 9:00 am and 9:00 pm and your departure for between 11:00 am and 11:00 pm. These times are not compulsory and we are always happy to cater for arrivals and departures at other times. A small supplement will usually be payable for arrivals & departures outside of these times. Please ask for details.

Medical & Insurance

Antequera is a large town with a modern, well-equipped public hospital and a number of private medical practitioners. On production of a European Health Insurance Card, EU citizens are entitled to free or low-cost emergency medical treatment in Spain.

Holidays do not include travel or accident insurance. Please ensure that you have appropriate insurance to cover you for all of the activities in which you will participate. ***It is a condition of booking that you have travel insurance which will reimburse you in the event of cancellation or curtailment of your holiday.***